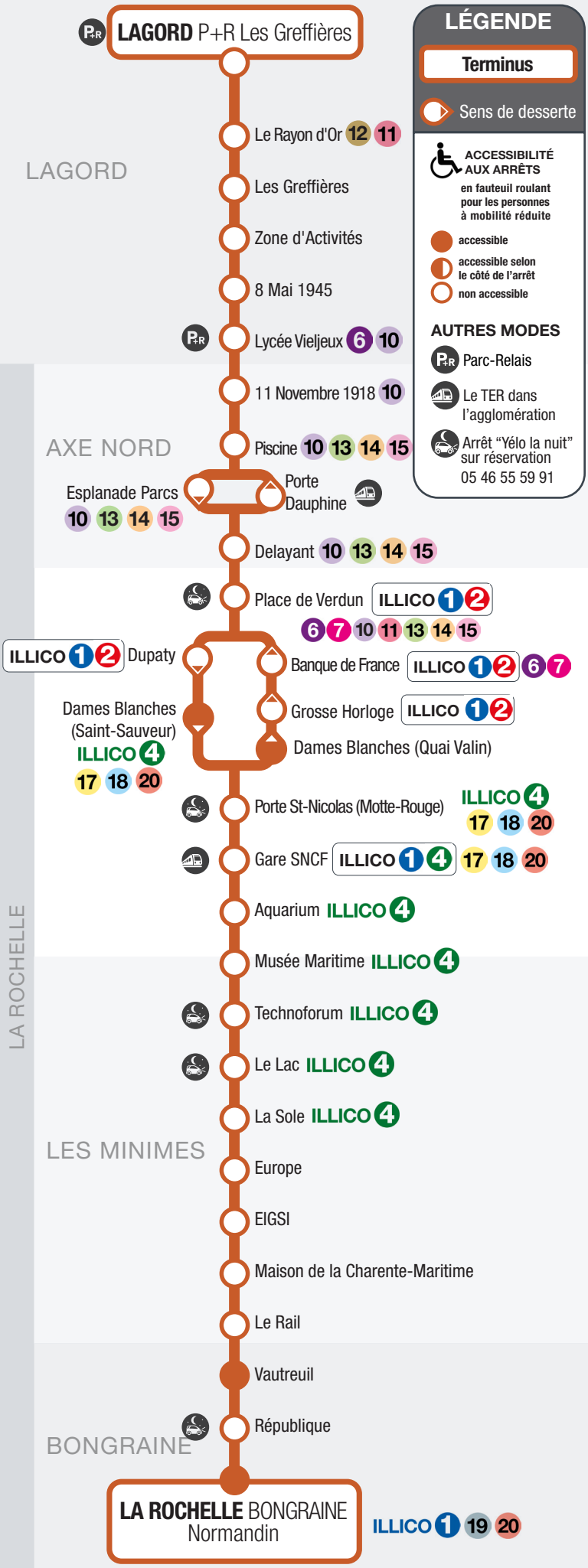POINTS D'ARRÊTS